

For the grown-up: Read the heart words, then the phrases, then the sentences. Tick each sentence box after reading it. Read the page again the next day and listen for smoother reading.

WORDS

the	I	and
at	mat	

PHRASES

I sat	and sat.	I sat at
the mat.	The mat and	I sat.

SENTENCES

☐ I sat and sat.
☐ I sat at the mat.
☐ The mat and I sat.